

HORARIOS 2017

	Lunes	Martes	Miércoles	Jueves	Viernes
8.30		TAI-CHI		TAI-CHI	
9.30		ZUMBA FIT PILATES		ZUMBA FIT PILATES	
10.00	TOTAL FIT	PILATES	TOTAL FIT	PILATES	TOTAL FIT
10.15		CICLO I.		CICLO I.	
11.00		EXTREME FIT		EXTREME FIT	
11.30		YOGA		YOGA	
17.55	YOGA		YOGA		
18.00	WU SHU I. STEP	WU SHU I. CICLO I.	WU SHU I.	WU SHU I. CICLO I.	WU SHU I.
18.50	ELIPSING		ELIPSING		
19.00	PILATES WU-SHU J.	TOTAL FIT TAI-CHI	PILATES WU-SHU J.	TOTAL FIT TAI-CHI	STEP
19.30	ELIPSING		ELIPSING		
20.00	PILATES	TAI-CHI	PILATES	TAI-CHI	
20.00	WU SHU SANDA	PILATES CARD. BOX	WU SHU SANDA	PILATES ZUMBA FIT	WU SHU
20.15	C. EXPRESS CICLO I.		C. EXPRESS CICLO I.		CICLO I.
21.00	PILATES		PILATES		
21.00	ZUMBA FIT	EXTREME FIT	ZUMBA FIT	EXTREME FIT	
21.15		CICLO I.		CICLO I.	

**FITNESS: De 7.15 A 22.30 de lunes a viernes.
SABADOS: de 9.00 a 13.30**